



Instructions  
for Use Personal Prophylactic Hygiene Care  
Female Liquid Rectal Suppositories  
**SCHALI® Care-FU**  
Urinary System Diseases

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SCHALI® Care-FU Liquid Rectal Suppositories are a highly-effective photoactive product intended to protect female urinary system against bacterial contamination, induce immune defence and regeneration in tissues, and normalize urination pattern in scope of complex treatment and prevention of urinary system diseases.

**PRODUCT FORM:**

Prophylactic hydrogel in 3 ml disposable single-dose container.

**INGREDIENTS:**

Aqua, Hydroxypropyl Cyclodextrin, Glycerin, Propylene Glycol, Glycereth-18 Ethylhexanoate, Glycereth-18, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Titanium Dioxide, Triethanolamine, Diazolidinyl Urea, Methylparaben, Propylparaben, Phosphoric Acid.

**MECHANISM OF ACTION:**

Soft hydrogel formulation of the suppositories dissolves slowly in the rectum, where it is absorbed by rectal mucosa. The product acts locally by inducing regeneration, strengthening vascular walls and improving microcirculation in capillaries.

Mineral bio-constituent of the hydrogel formulation includes fragments of a certain class of metalloid semiconductors with unsaturated bonds - titanium dioxide crystalline lattice - known for its high catalytic activity. Photoactive particles of QD SCHALI® titanium dioxide trigger generation of active oxygen forms (singlet oxygen). Mechanism of action is based on the principle of energetic neutralization of free chemical bonds on the surface of toxic compounds by saturating them with complementary oxygen atoms, generated in the result of the catalytic reaction. Active oxygen forms may successfully treat most of all currently known exogenous and endogenous intoxications.

Besides, active oxygen forms (singlet oxygen) trigger mechanism of activation in serotonin receptors, leading to better regulation of serotonin reuptake inhibition by selectively blocking serotonin absorption in presynaptic membrane. Re-balanced serotonin level helps in restoring homeostasis and ceasing thanatogenesis, promotes female health and urinary system function, improves cellular metabolism, and contributes to better immune response.

By inactivating unsaturated chemical bonds in peptides, glycosides etc., titanium dioxide is capable to remove harmful infectious toxins, resulting in a strong antimicrobial and antibacterial effect and in a quick relief of symptoms of different pathological conditions and inflammations.

Product is intended for personal care purposes, has preventive action and may be used as complex therapy and photodynamic therapy agents in treatment of a wide range of female urinary system diseases. Regular use of the product may prevent crystallization of mineral elements and formation of sand and stone in the urinary tract by regulating colloid and crystalloid urinal balance. The product may enhance urination and increase removal of uric acid, particularly in patients suffering from renal urate calculi, by inducing washout of sand and small calculi and lowering in this way size of big calculi.

Hypoallergenic product.

**INDICATIONS:**

- Urine-acid diathesis
- Cystitis
- Neurogenic bladder
- Urinary incontinence
- Urethritis

**METHOD OF USE:**

For rectal use only.

Take one single-dose container out of the package with clean hands, insert into the rectum and press out its content, while lying on your side. Apply one suppository 2 times a day for one month. Extend your course of treatment up to 90 days, if necessary.

**SIDE EFFECTS:**

No side effects found.

No product dependence and no rebound syndrome.

**CONTRAINDICATIONS:**

Do not use during pregnancy. No other contraindications detected.

**STORAGE CONDITIONS:**

Keep the product in a dark cool place at the temperature below 25°C.

**SHELF LIFE:**

Shelf life is 3 years from the date of production.

Do not use the product after expiration of the date of production, specified on the package.

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