



Instructions  
for Use Personal Prophylactic Hygiene Care  
Female Vaginal Suppositories  
**SCHALI® Care-FI**  
Sexually Transmitted Infections

**Instructions for Use**  
**Personal Prophylactic Hygiene Care**  
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SCHALI® Care–FI Vaginal Suppositories are a female personal care hygiene product intended for antiviral and antimicrobial protection, treatment and prevention of sexually transmitted infections.

**PRODUCT FORM:**

Lubricating prophylactic suppositories, 2 g.

**INGREDIENTS:**

The product contains environmental friendly biocompatible ingredients of plant and mineral origin.

Cocoa butter, Bee glue, Chelidoni herba leaves extract, Camelliae Sinensis non fermentata folia extract, Shilajit, Griffonia simplicifolia seed extract, Titanium dioxide.

**MECHANISM OF ACTION:**

Based on natural plant oils and butters, minerals and phytoextracts, the product dissolves slowly in the vagina, where it is absorbed by vaginal mucosa and exerts anti-inflammatory and regenerating effects. The product acts locally by strengthening vascular walls and improving microcirculation in capillaries.

Regular use of the product does not cause antimicrobial resistance, but induces pathways of natural non-specific defence and increases production of interferon, immunoglobulin A, giving rise to a highly-effective protection against viral and microbial infections.

By inactivating unsaturated chemical bonds in peptides, glycosides etc., titanium dioxide is capable to remove harmful infectious toxins, resulting in a strong antimicrobial and antibacterial effect and in a quick relief of symptoms of different pathological conditions and inflammations.

Anti-inflammatory action is directed to prevention of further cellular damage by infection, inhibition of the exudative phase of inflammation, infiltration of both leucocytes and macrophages, and induced cellular proliferation. Essential oils constituents exert a strong antioxidative effect by binding oxidative agents and inhibiting free radical reactions.

Anti-inflammatory effect is also related to the effect of bee glue constituents (essential oils, volatile compounds of numerous plants). Bee glue contains many biologically active elements of immunomodulating properties (volatile compounds, zinc, oligosaccharides), that promote phagocytic activity in immune cells.

Essential oils of chamomile flowers have a strong antimicrobial effect, which mechanism of action is based on destruction of bacterial cytoplasmic membrane, resulting in broken bacterial metabolism, aerobic respiration, and synthesis.

Adaptogenic effect of shilajit is related to constituting numerous macro- and microelements, which complex interactions support both natural and developed immune factors. Shilajit shows a strong bacteriostatic effect against both specific and non-specific infectious agents.

Celandine may induce non-specific immune reactions and restore suppressed immunity, strengthen natural resistance, and increase phagocytosis and efficiency of T- and B- immune cells.

The product is intended for personal care purposes, has preventive action and may be used as a complex therapy agent in treatment of a wide range of sexually transmitted infections. Regular use of the product increases complementary haemoactivity and therefore lowers risk of repeated infection.

Hypoallergenic product.

**INDICATIONS:**

- Bacterial vaginosis
- Herpes genitalis
- Streptococcal and Staphylococcal infections
- Candidiasis
- Trichomoniasis
- Ureaplasmosis and Mycoplasmosis
- Cytomegalovirus
- Papillomavirus
- Gonorrhoea

**METHOD OF USE:**

For vaginal use only.

Take the product out of the package with clean hands and insert, pointed end first, into the vagina. With your finger put the suppository gently forward. Apply one suppository 2 times a day for one month. Extend your course of treatment up to 90 days, if necessary.

**SIDE EFFECTS:**

No side effects found.

No product dependence and no rebound syndrome.

**CONTRAINDICATIONS:**

Do not use during pregnancy. No other contraindications detected.

**STORAGE CONDITIONS:**

Keep the product in a dark cool place at the temperature between +4°C and +15°C.

**SHELF LIFE:**

Shelf life is 2 years from the date of production.

Do not use the product after expiration of the date of production, specified on the package.

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