



Instructions
for Use Personal Prophylactic Hygiene Care
Female Vaginal Suppositories
SCHALI® Care-FM
Menstrual Disorders

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SCHALI® Care–FM Vaginal Suppositories are a female personal care hygiene regenerating product intended for better function of endocrine glands in complex gynaecological therapy and prevention of hormonal disorders.

PRODUCT FORM:

Lubricating prophylactic suppositories, 2 g.

INGREDIENTS:

The product contains environmental friendly biocompatible ingredients of plant and mineral origin.

Cocoa butter, Bee glue, Chelidoni herba leaves extract, Camelliae Sinensis non fermentata folia extract, Shilajit, Griffonia simplicifolia seed extract, Titanium dioxide.

MECHANISM OF ACTION:

Based on natural plant oils and butters, minerals and phytoextracts, the product dissolves slowly in the vagina, where it is absorbed by vaginal mucosa and exerts anti-inflammatory and regenerating effects. The product acts locally by strengthening vascular walls and improving microcirculation in capillaries. Plant and mineral ingredients and their constituents may effectively prevent anaemia conditions and oxidative stress.

Griffonia simplicifolia induces female endocrine system, affects non-specific reactivity, and regulates metabolism.

Shilajit is a favourable nutrient to all organs of female reproductive system, source of phytoestrogens, therefore use of the product is especially effective after gynaecological surgery and in case of lack of female sex hormones (ovary exhaustion syndrome, menopause). Regular use of the product helps in regulating female endocrine balance, promotes ovarian function, and inhibits oestrogens to overstimulate mammary glands.

Chamomile constituents are involved in regulation of pituitary function and in production of female sex hormones: luteinizing, follicle-stimulating, prolactin, oestrogen, and progesterone, resulting in better regulation of menstrual cycle and stabilization of female endocrinal balance: balance of oestrogen and progesterone. In this way, chamomile may effectively alleviate symptoms related to hormonal disorders (premenstrual syndromes, excessive bleedings, and menopause).

Regular use of the product supports immune defence, contributes to less fatigability and higher physical efficiency, and helps in better psychoemotional control during menstrual cycle. Menstrual bleeding becomes regular, less painful, less intensive, and in this way the product may lower risks of iron deficiency anaemia. Besides, regular use of the suppositories results in easier tolerable periods of psychoemotional symptoms of PMS, better mood and less pain sensation.

Product is intended for personal care purposes, has preventive action and may be used as a complex therapy agent in treatment of a wide range of menstrual disorders in gynaecology.

Hypoallergenic product.

INDICATIONS:

- Menstrual disorders
- PMS
- Hypomenorrhea
- Algomenorrhea
- Amenorrhea
- Anovulatory cycle disorders.

METHOD OF USE:

For vaginal use only.

Take the product out of the package with clean hands and insert, pointed end first, into the vagina. With your finger put the suppository gently forward. Apply one suppository 2 times a day for one month. Extend your course of treatment up to 90 days, if necessary.

SIDE EFFECTS:

No side effects found.

No product dependence and no rebound syndrome.

CONTRAINDICATIONS:

Do not use during pregnancy. No other contraindications detected.

STORAGE CONDITIONS:

Keep the product in a dark cool place at the temperature between +4°C and +15°C.

SHELF LIFE:

Shelf life is 2 years from the date of production.

Do not use the product after expiration of the date of production, specified on the package.

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