



Instructions  
for Use Personal Prophylactic Hygiene Care  
Female Rectal Suppositories  
**SCHALI® Care-FL**  
Respiratory System Disorders

**Instructions for Use**  
**Personal Prophylactic Hygiene Care**  
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**Respiratory System Disorders**

SCHALI® Care-FL Rectal Suppositories are a female personal care hygiene product intended for better stimulation and immune defence, antimicrobial and antitoxic protection in scope of complex therapy and prevention of respiratory system disorders.

**PRODUCT FORM:**

Lubricating prophylactic suppositories, 2 g.

**INGREDIENTS:**

The product contains environmental friendly biocompatible ingredients of plant and mineral origin.

Cocoa butter, Bee glue, Chelidoni herba leaves extract, Camelliae Sinensis non fermentata folia extract, Shilajit, Griffonia simplicifolia seed extract, Titanium dioxide.

**MECHANISM OF ACTION:**

Based on natural plant oils and butters, minerals and phytoextracts, the product dissolves slowly in the rectum, where it is absorbed by rectal mucosa and exerts anti-inflammatory and regenerating effects. The product acts locally by strengthening vascular walls and improving microcirculation in capillaries. Plant and mineral ingredients and their constituents induce synthesis of bronchial secretion, produced in bronchial mucosal cells, affect both alternative and exudative phases of inflammation, and in this way inhibit inflammation.

By inactivating unsaturated chemical bonds in peptides, glycosides etc., titanium dioxide is capable to remove harmful infectious toxins, resulting in a strong antimicrobial and antibacterial effect and in a quick relief of symptoms of different pathological conditions and inflammations. Suppression of cyclooxygenase – the main ferment that causes inflammation– provides a highly-effective pathway to relieve pain and fever.

Regular use of the product affects fibroblast proliferation, inhibits monocytes to move to the site of inflammation, and exerts a general antiproliferative effect.

Celandine may induce anti-allergic factors by lowering synthesis and secretion of allergic mediators, resulting in less release of histamine and other biologically active agents in sensitized mast cells and basophils, less number of circulating basophils, lower cellular proliferation in lymphoid and connective tissues, less number of T- and B-lymphocytes and mast cells, lower sensitivity to allergic mediators in effector cells. As the result, generation of antibodies is suppressed and human immune response is induced.

Pharmacological action of polyphenols in chamomile flowers are related to their astringent properties. Polyphenols do not penetrate through cellular membranes and therefore cells do not uptake them. They coagulate proteins that may lay in thin formations down on mucosa and mucosal crypts (secret glands etc.). Any damage or inflammation in mucosal tissues may give rise to coagulation of proteins.

Shilajit has a toning effect, smooths mucosa, induces secretion in respiratory tract mucosal cells, and improves penetrability of vascular walls.

The product may be used as a prophylactic agent and for monotherapy in scope of immune rehabilitation, particularly in case of incomplete recovery, in complex therapy of respiratory systems disorders, also while combined with antibiotic and antiviral drugs.

Hypoallergenic product.

**INDICATIONS:**

- Frequent colds
- Rhinitis
- Otitis
- Angina
- Pharyngitis
- Laryngitis

**METHOD OF USE:**

For rectal use only.

Take the product out of the package with clean hands and insert, pointed end first, into the rectum, while lying on your side. Apply one suppository 2 times a day for one month. Extend your course of treatment up to 90 days, if necessary.

**SIDE EFFECTS:**

No side effects found.

No product dependence and no rebound syndrome.

**CONTRAINDICATIONS:**

Do not use during pregnancy. No other contraindications detected.

**STORAGE CONDITIONS:**

Keep the product in a dark cool place at the temperature between +4°C and +15°C.

**SHELF LIFE:**

Shelf life is 2 years from the date of production.

Do not use the product after expiration of the date of production, specified on the package.

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