



Instructions  
for Use Personal Prophylactic Hygiene Care  
Female Rectal Suppositories  
**SCHALI® Care-FU**  
Urinary System Diseases

**Instructions for Use**  
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SCHALI® Care-FU Rectal Suppositories are a female personal care hygiene product intended to protect female urinary system against bacterial contamination, induce immune defence, normalize urination pattern and regenerate tissues in scope of complex treatment and prevention of urinary system diseases.

**PRODUCT FORM:**

Lubricating prophylactic suppositories, 2 g.

**INGREDIENTS:**

The product contains environmental friendly biocompatible ingredients of plant and mineral origin.

Cocoa butter, Bee glue, Chelidoni herba leaves extract, Camelliae Sinensis non fermentata folia extract, Shilajit, Griffonia simplicifolia seed extract, Titanium dioxide.

**MECHANISM OF ACTION:**

Based on natural plant oils and butters, minerals and phytoextracts, the product dissolves slowly in the rectum, where it is absorbed by rectal mucosa and exerts anti-inflammatory and regenerating effects. The product acts locally by strengthening vascular walls and improving microcirculation in capillaries.

By inactivating unsaturated chemical bonds in peptides, glycosides etc., titanium dioxide is capable to remove harmful infectious toxins, resulting in a strong antimicrobial and antibacterial effect and in a quick relief of symptoms of different pathological conditions and inflammations in pelvic organs.

Antibacterial effect of the product is also related to bee glue constituents (essential oils, volatile compounds of numerous plants). Bee glue contains many biologically active elements of immunomodulating properties (volatile compounds, zinc, oligosaccharides), that promote phagocytic activity in immune cells.

Shilajit has a strong anti-inflammatory effect, directed to reduction of both exudative and proliferative phases of inflammation. Shilajit induces female pituitary – adrenalin system and affects catecholamine metabolism, enhances regeneration in tissues, exerts antimicrobial, antitoxic, anti-hypoxic and adaptogenic effects. Shilajit is also known as a diuretic agent, as it contains hippuric acid that induces urination and reduces inflammation.

Constituents of chamomile flowers exert a strong anti-inflammatory effect by inhibiting ferments - cyclooxygenase and lipoxygenase. As the result, generation of prostaglandin and leukotriene is significantly lower.

Celandine may induce non-specific immune reactions and restore suppressed immunity, strengthen natural resistance, increase phagocytosis and efficiency of T- and B- immune cells.

The product is intended for personal care purposes, has preventive action and may be used as a complex therapy agent in treatment of a wide range of female urinary system diseases. Regular use of the product may prevent crystallization of mineral elements and formation of sand and stone in the urinary tract by regulating colloid and crystalloid urinal balance. The product may enhance urination and increase removal of uric acid, particularly in patients suffering from renal urate calculi, by inducing washout of sand and small calculi and lowering in this way size of big calculi.

Hypoallergenic product.

**INDICATIONS:**

- Urine-acid diathesis
- Cystitis
- Neurogenic bladder
- Urinary incontinence
- Urethritis

**METHOD OF USE:**

For rectal use only.

Take the product out of the package with clean hands and insert, pointed end first, into the rectum, while lying on your side. Apply one suppository 2 times a day for one month. Extend your course of treatment up to 90 days, if necessary.

**SIDE EFFECTS:**

No side effects found.

No product dependence and no rebound syndrome.

**CONTRAINDICATIONS:**

Do not use during pregnancy. No other contraindications detected.

**STORAGE CONDITIONS:**

Keep the product in a dark cool place at the temperature between +4°C and +15°C.

**SHELF LIFE:**

Shelf life is 2 years from the date of production.

Do not use the product after expiration of the date of production, specified on the package.

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