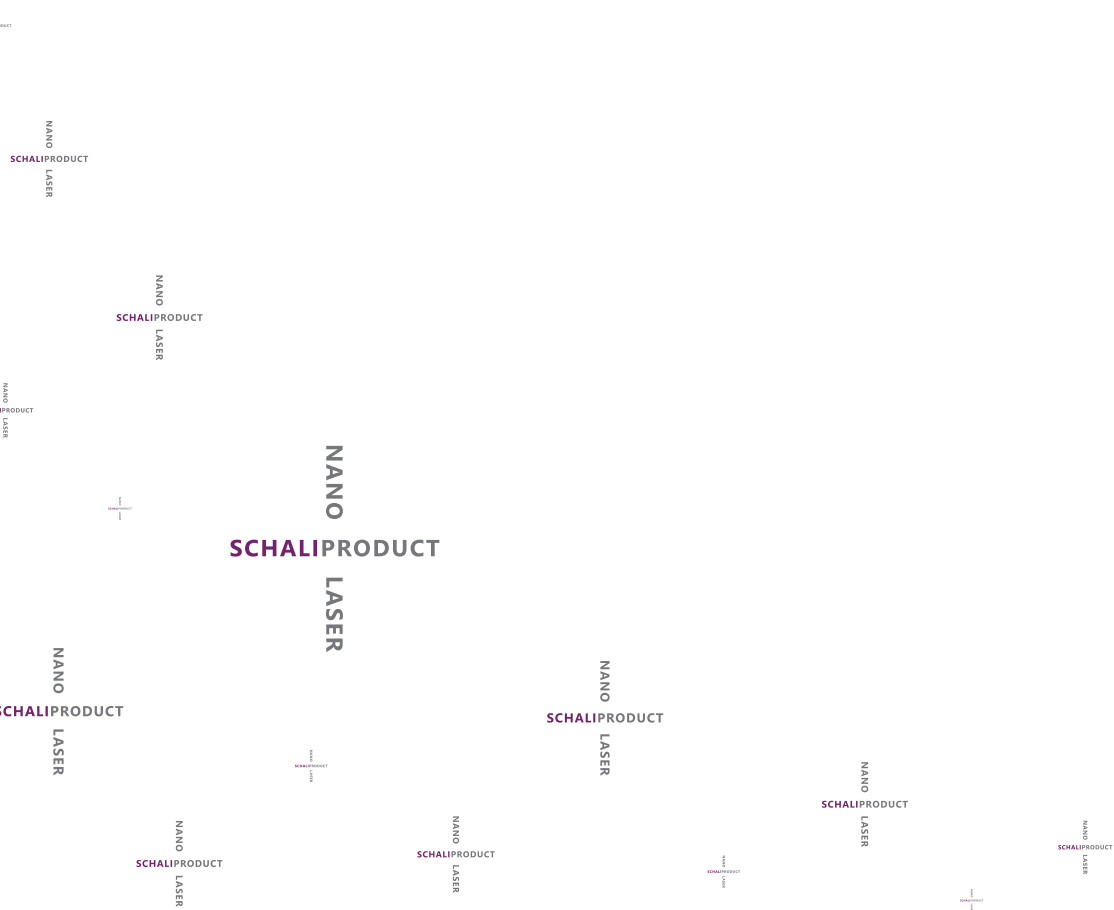


Application Instructions  
Medical Product for Normalizing Human Serotonin Balance  
Sterile Hydrocolloid Mineral Plaster (HMP)  
**SCHALI® - Professional (Ballet)**



## **Application Instructions** **Medical Product for Normalizing Human Serotonin Balance** **Sterile Hydrocolloid Mineral Plaster (HMP)** **SCHALI® - Professional (Ballet)**

### **INGREDIENTS:**

HMP SCHALI®-Ballet is a hydrocolloid mineral plaster based on SCHALI® active mineral formulation (SCHALI-T/10-S titanium dioxide [TiO<sub>2</sub>]).

Titanium dioxide, Sodium carboxymethyl cellulose, Elastomer, Dioctyl adipate, 100% Hydrogenated petroleum resin, Polyurethane film, Polyethylene terephthalate.

### **MECHANISM OF ACTION:**

HMP SCHALI® Hydrocolloid Mineral Plaster is intended to restore and maintain normal serotonin balance in humans.

HMP SCHALI® exerts a synergistic effect to human body and promotes function of human serotonin receptors. In contact to warm human skin, hydrocolloid mineral plaster induces natural heat response, that triggers generating active oxygen molecules [O<sub>2</sub>(a<sup>1</sup>Δ<sub>g</sub>)] on the surface of crystals of distinct type oxides (TiO<sub>2</sub>) – semiconductors, containing plenty of reactive centers for energy transfer. Energy that is emitted by generation of active oxygen forms, is transferred to human body, where it induces and maintains cascades of bio-resonance wave processes, resulting in better function of serotonin receptors. Control over serotonin reuptake inhibition is enabled by selectively blocking serotonin absorption in presynaptic membrane. Hence, re-balanced level of neurotransmitter in the synaptic cleft may intensify neurotransmission in serotonergic synapses.

Recovery of serotonin transmission results in “clearance” of serotonin receptors from ligands and therefore serotonin receptors are induced to execute their function in a correct way. This also promotes biochemical processes in smooth muscle cells, neurons, and platelets and increases pain tolerance. Thus, spinal cord neurons induced by serotonin become capable of cosecreting enkephalin that triggers presynaptic inhibition in A – and C-type afferent nerve fibers, which control pain sensation.

Progress of chronic pain syndromes, also of neuropathic origin, is related to serotonin imbalance. Re-balanced level of serotonin (one of the most important human neurotransmitters) may lower pain sensation and contribute to better general psychoemotional state.

Re-balanced neurotransmitter level in the synaptic cleft further results in faster homeostasis recovery, better cellular regeneration and vital functions. Maintenance of normal serotonin level is crucial to bone mass control, particularly in fracture treatment.

### **INDICATIONS:**

This medical product is indicated to professional dancers, who are eager to intensive trainings, and is intended to help in preventing and recovering ballet-typical traumas and occupational diseases by:

- Promoting metabolism, cerebral blood flow and brain function
- Enhancing blood supply to damaged sites
- Relieving pain syndrome, pain and tension
- Reducing puffiness and retention of water in tissues
- Relieving pain in dorsopathy, cervicocranial syndrome, cervicobrachial syndrome, scalenus syndrome, compression plexopathy, piroformis syndrome, sciatic entrapment neuropathy, ulnar neuropathy, peroneal entrapment neuropathy, protruded disks, impingement syndrome conditions

- Supporting joint function in elbow bursitis, patellar arthrosis, plantar fasciitis, bunion, hallux valgus conditions
- Accelerating bone stock regeneration, preventing bone and cartilaginous tissues degeneration
- Activating healing processes after surgery
- Reducing local inflammations in damaged tissues
- Better controlling appetite and lowering sugar cravings
- Promoting gastrointestinal motility and secretion
- Supporting menstrual cycle and relieving acute PMS conditions, headache, pain and cramp in joints and muscles as well as loin, breast and abdominal pain
- Supporting urogenital function
- Increasing capability to mental, physical and athletic activities.

### **COMPATIBILITY WITH OTHER MEDICATIONS:**

This medical product may be used in a complex therapy and is well compatible with other medications.

It's strongly recommended to consult your attending medical doctor for re-dosing or cancelling your prescribed medications while using the product.

### **METHOD OF USE:**

Attach the product onto posterior neck surface on VII cervical vertebra (mostly prominent neck-bone), on acupuncture point(s) (See Scheme of Acupuncture Points) and/or over problem site(s), and wear the product several days continuously. Do not remove the product for night time or while sleeping, taking bath or shower. The product is waterproof, resistant to temperature drop and may be worn for 3 to 7 days averagely. Feeling of warmth in the contact site is a normal reaction and requires no product removal. The first effect is to expect within 10-40 min. Duration of application course depends on individual response.

### **SIDE EFFECTS:**

No side effects.

No product dependence. No rebound syndrome.

### **PRODUCT FORM:**

The product includes a hydrocolloid pad impregnated with SCHALI® active mineral formulation and placed in the middle of a fixing part made of an environment-friendly transparent polymeric material and hypoallergenic adhesive. Both sides of the product are covered with protective sheets. The product is placed into a protective bag with tear-off control.

### **STORAGE CONDITIONS:**

Keep the product in the intact protective bag at below +25°C, with no contact to odorous and chemical substances.

Prohibited wearing the product in sauna, steam bath and solarium.

Keep away from direct sunlight.

Do not use while sunbathed.

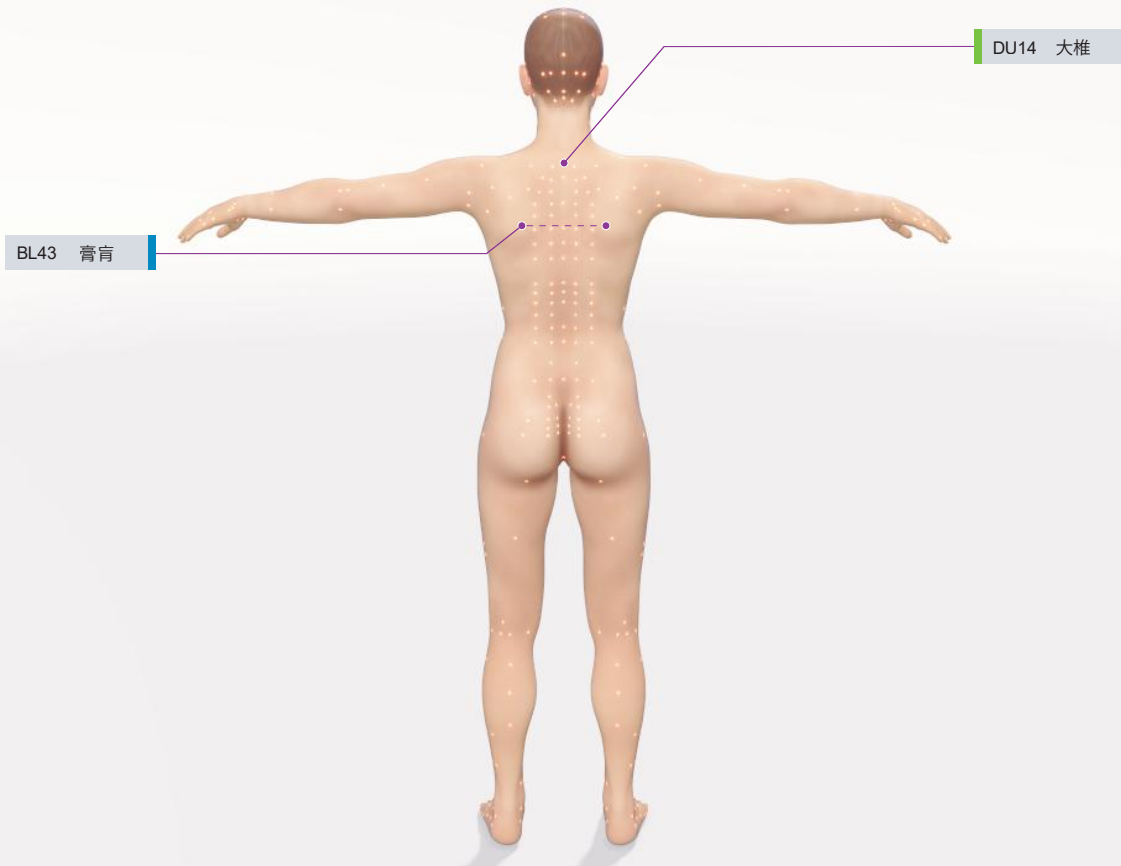
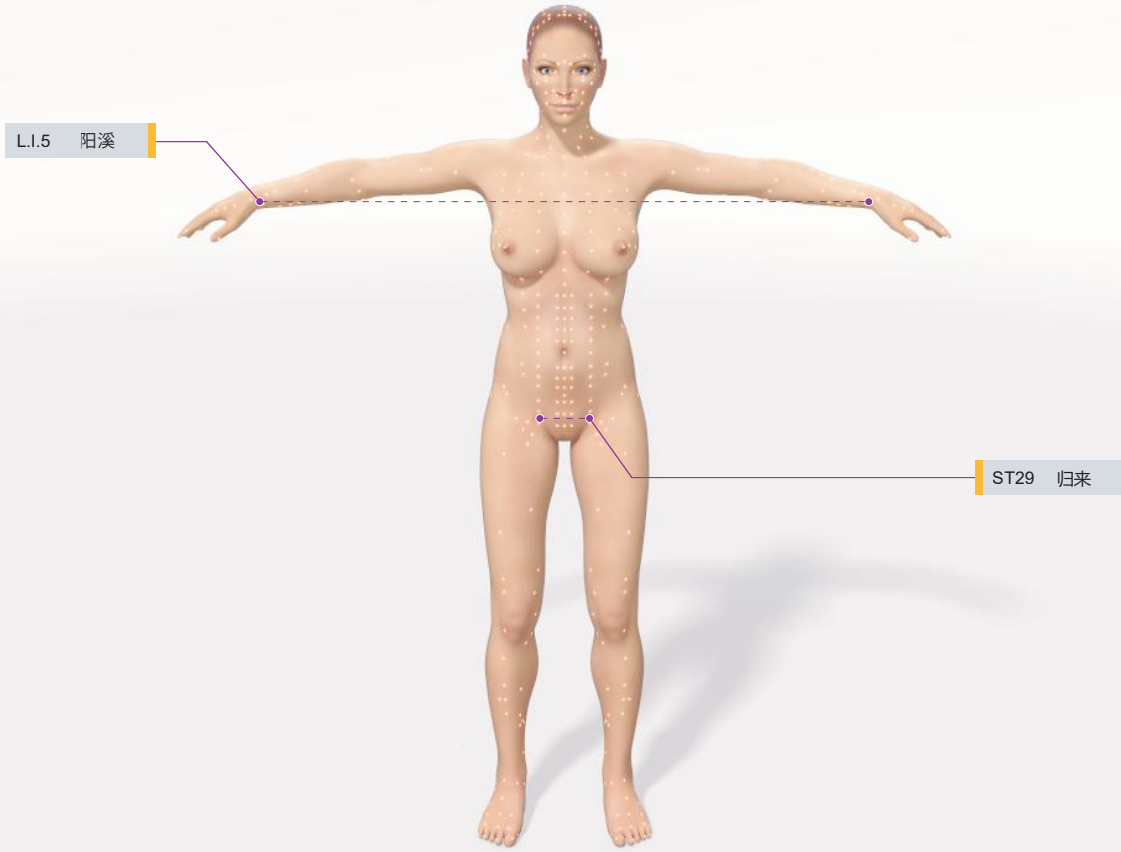
### **SHELF LIFE:**

Shelf life is 3 years from the date of production.

Do not use the product after expiry date specified on the package.

**HMP SCHALI®** Hydrocolloid Mineral Plaster is made under license No. 286-S

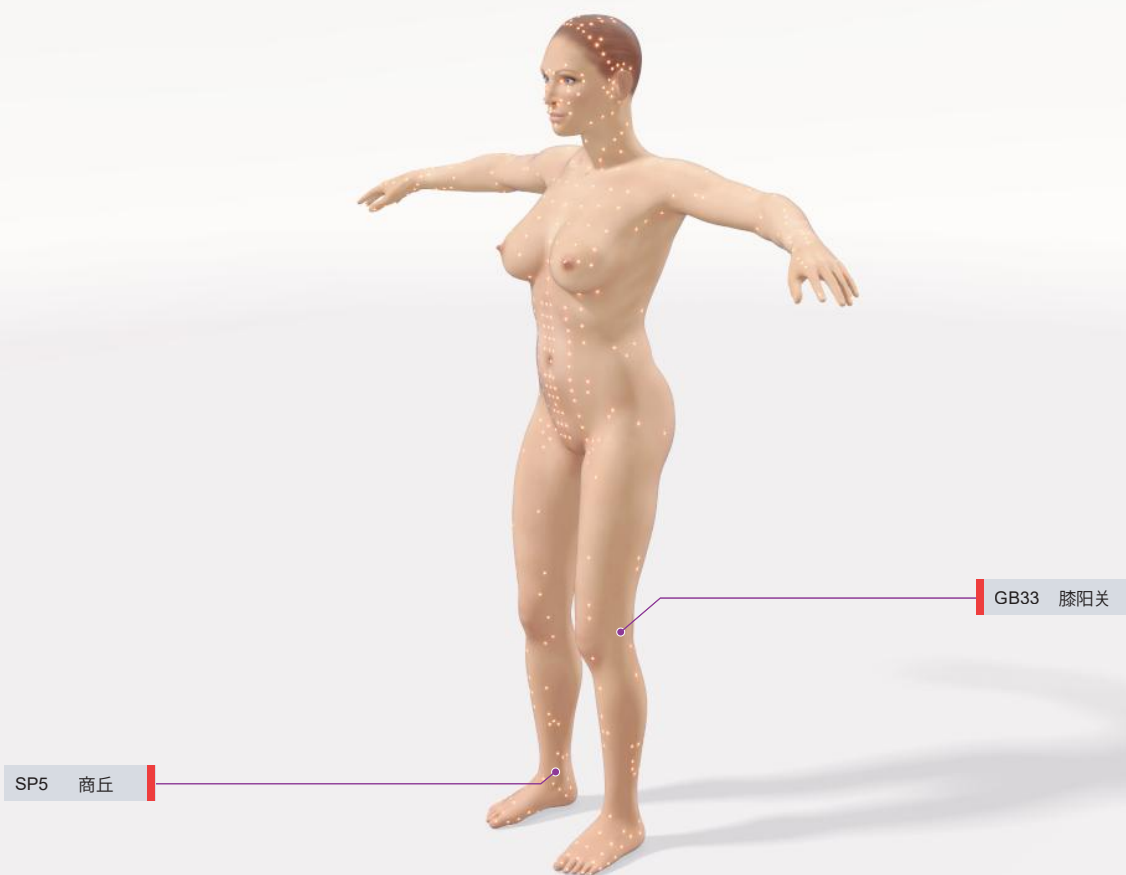
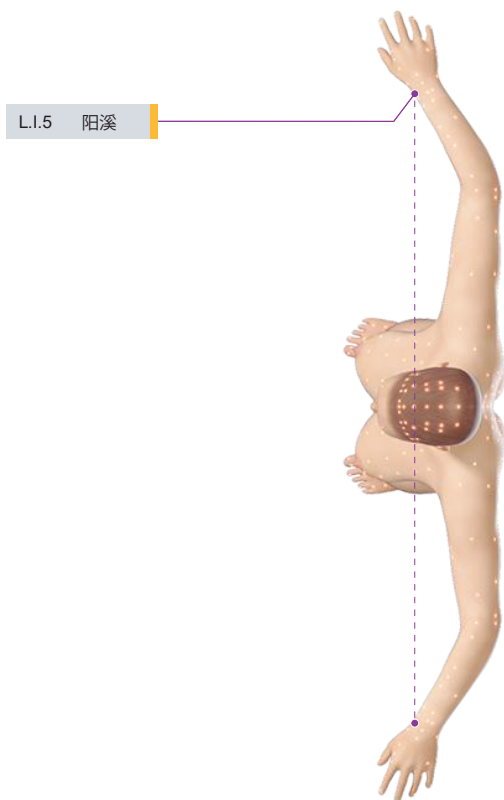
## Scheme of Acupuncture Points



The product is intended for application onto active energy points in accordance with the WHO Acupuncture Therapy guideline (1993).  
For more details please see our webpage [www.schalipharma.com](http://www.schalipharma.com)



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