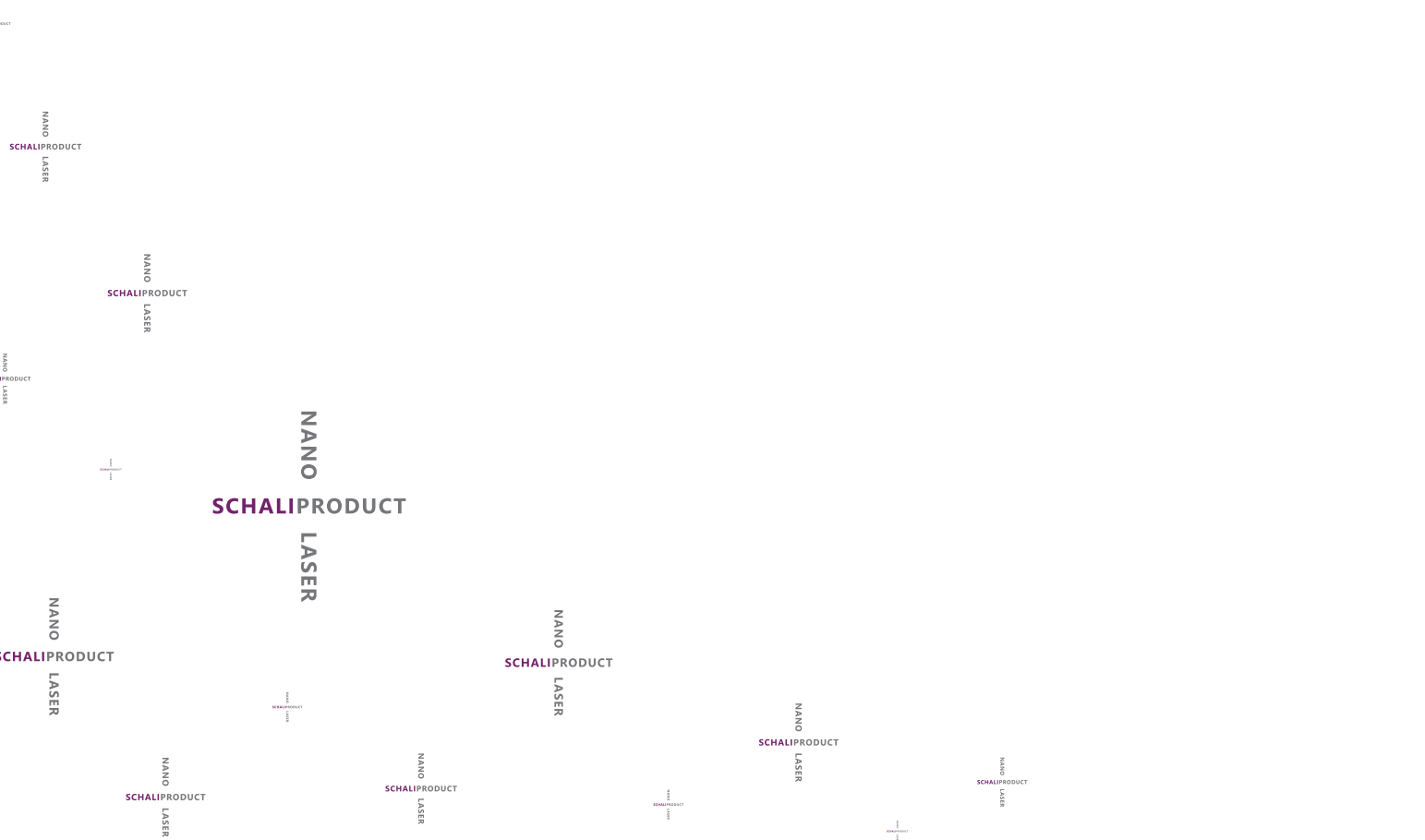


Instructions
for Use Personal Prophylactic Hygiene Care
Female Vaginal Suppositories
SCHALI® Care-FH
Hormonal Disorders



Instructions for Use
Personal Prophylactic Hygiene Care
Female Vaginal Suppositories
SCHALI® Care – FH
Hormonal Disorders

SCHALI® Care–FH Vaginal Suppositories are a female personal care hygiene regenerating product intended for better function of endocrine glands in complex gynaecological therapy and prevention of hormonal disorders.

PRODUCT FORM:

Lubricating prophylactic suppositories, 2 g.

INGREDIENTS:

The product contains environmental friendly biocompatible ingredients of plant and mineral origin.

Cocoa butter, essential oils: Rose, Chamomile, Liquorice, Celandine, Griffonia, Pumpkin, SiO₂/TiO₂-0.0006%.

MECHANISM OF ACTION:

Based on natural plant oils and butters, minerals and phytoextracts, the product dissolves slowly in the vagina, where it is absorbed by vaginal mucosa and exerts anti-inflammatory and regenerating effects. The product acts locally by strengthening vascular walls and improving microcirculation in capillaries. Plant and mineral ingredients and their constituents induce generation of follicle-stimulating hormones, regulating estradiol (E₂) synthesis, and promote in this way female reproductive health.

Regular use of the product results in better immune defence, less fatigability, higher physical efficiency, and may effectively prevent anaemia conditions and oxidative stress.

By inactivating unsaturated chemical bonds in peptides, glycosides etc., titanium dioxide is capable to remove harmful infectious toxins, resulting in a strong antimicrobial and antibacterial effect and in a quick relief of symptoms of different pathological conditions and inflammations, even in deeper layers of vaginal mucosa. Titanium dioxide induces vaginal epithelium cells to resist multiple infection and inflammation agents and in this way may prevent recurrent infection. Regular use of the product induces regeneration of epithelial structures, regulates vaginal microflora and pH, and improves both secretion and quality of cervical mucus.

Griffonia simplicifolia induces female endocrine system, affects non-specific reactivity, and regulates metabolism.

Shilajit is a favourable nutrient to all organs of female reproductive system, source of phytoestrogens, therefore use of the product is especially effective after gynaecological surgery and in case of lack of female sex hormones (ovary exhaustion syndrome, menopause). Regular use of the product helps in regulating female endocrine balance, promotes ovarian function, and inhibits oestrogens to overstimulate mammary glands.

Chamomile constituents are involved both in regulation of pituitary function and in production of female sex hormones: luteinizing, follicle-stimulating, prolactin, oestrogen, and progesterone.

The product is intended for personal care purposes, has preventive action and may be used as a complex therapy agent in treatment of a wide range of hormonal disorders in gynaecology.

Hypoallergenic product.

INDICATIONS:

- Vaginismus
- Female infertility
- Asthenia
- Uterine hypoplasia
- Ovarian hypoplasia
- Endometriosis
- Resistant ovary syndrome
- Cervical erosion (hormonal)
- Impaired fertility caused by endocrine dysfunction

METHOD OF USE:

For vaginal use only.

Take the product out of the package with clean hands and insert, pointed end first, into the vagina. With your finger put the suppository gently forward. Apply one suppository 2 times a day for one month. Extend your course of treatment up to 90 days, if necessary.

SIDE EFFECTS:

No side effects found.

No product dependence and no rebound syndrome.

CONTRAINDICATIONS:

Do not use during pregnancy. No other contraindications detected.

STORAGE CONDITIONS:

Keep the product in a dark cool place at the temperature between +4°C and +15°C.

SHELF LIFE:

Shelf life is 2 years from the date of production.

Do not use the product after expiration of the date of production, specified on the package.

SCHALI® Care Personal Hygiene Products are made under license No. 286-S.