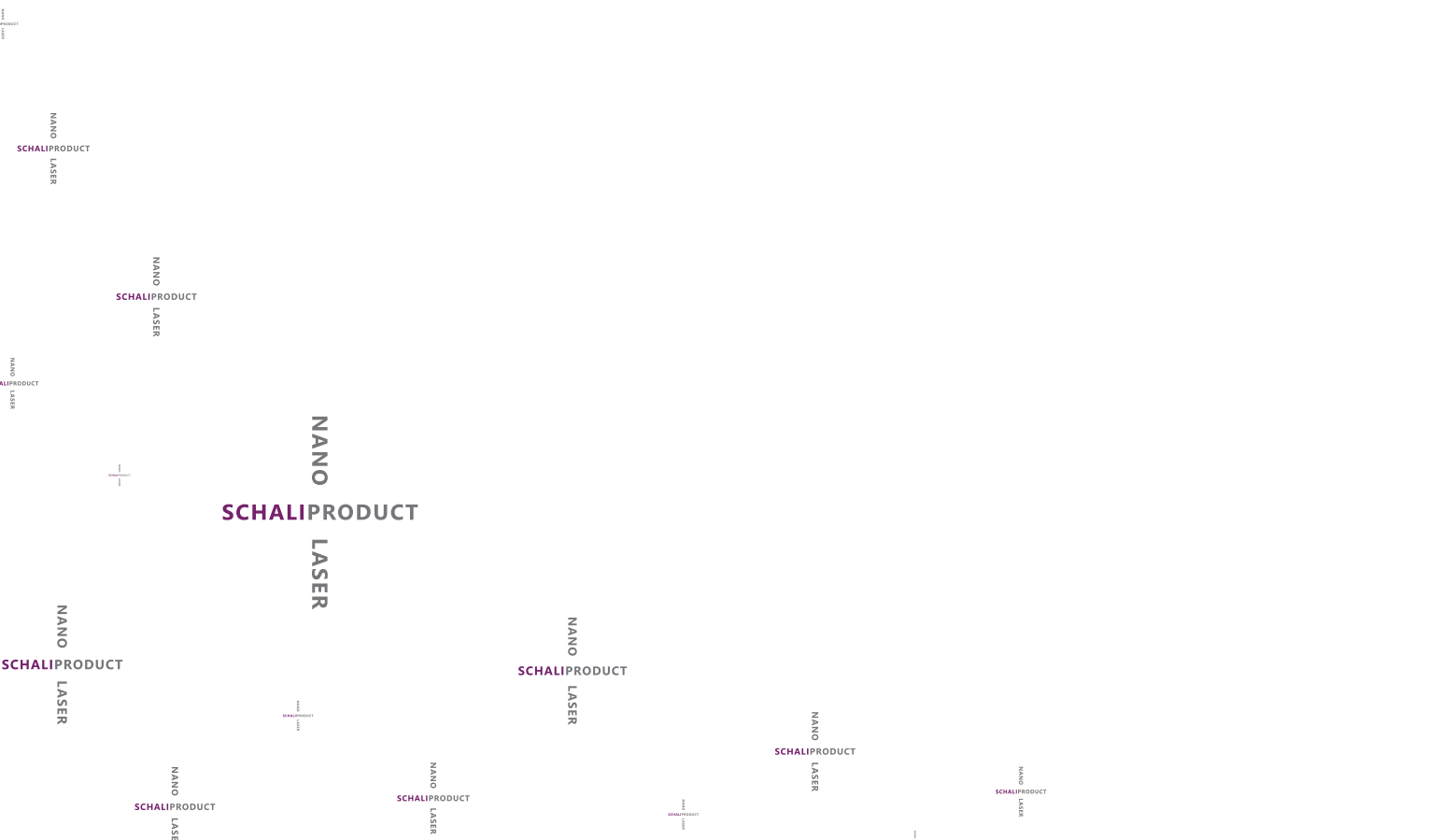


Instructions
for Use Personal Prophylactic Hygiene Care
Female Rectal Suppositories
SCHALI® Care-FN
Neurological Conditions



**Instructions for Use
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SCHALI® Care-FE Rectal Suppositories are a female personal care hygiene product intended for better cellular metabolism and regeneration, better immune defence in scope of treatment and prevention of neurological conditions.

PRODUCT FORM:

Lubricating prophylactic suppositories, 2 g.

INGREDIENTS:

The product contains environmental friendly biocompatible ingredients of plant and mineral origin.

Cocoa butter, essential oils: Rose, Chamomile, Liquorice, Celandine, Griffonia, Pumpkin, SiO₂/TiO₂-0.0006%.

MECHANISM OF ACTION:

Based on natural plant oils and butters, minerals and phytoextracts, the product dissolves slowly in the rectum, where it is absorbed by rectal mucosa and exerts anti-inflammatory and regenerating effects. The product acts locally by strengthening vascular walls and improving microcirculation in capillaries. Plant and mineral ingredients and their constituents are capable of boosting cellular energy exchange in muscles, tissues, free cells (lymphocytes, macrophages etc.) and brain neurons, giving rise to a strong psychostimulatory effect by improving mental and physical activity, vital power and vigour.

The product promotes mental process of thinking by improving both clarity of thoughts and ability to solve intellectually complicated tasks, lowering drowsiness and fatigue, accelerating time of reaction, enhancing impellent activity, and inducing conditioned response.

The product is generally beneficial to female CNS and improves brain activity, however not by inducing cerebral receptors and mediators similarly to most of currently known CNS stimulating drugs. Intracellular mechanism of action is directed to intensification of metabolic processes and stimulation of protective inhibition in the CNS, which both help in lowering irritability and nervous strain, and contributes to better mental activity. In this way, by inhibiting generation of noradrenalin (main stress hormone) and removing toxins and free radicals, cerebral cells are kept protected from damage. Better metabolism also improves adrenalin secretion in suprarenals that in turn leads to more optimal blood glucose value and supports heart function.

Shilajit has a sedative effect that is first exerted on the cerebral cortex. Shilajit may also excite the limbic system and spinal cord structures, which both give rise to summation of stimuli in the cerebral cortex. Shilajit constituents are involved in chemical processes in both serotonin and adrenergic systems, exert pro-adrenergic and anti-serotonin effects and affect serotonin and noradrenalin metabolisms.

Griffonia simplicifolia contributes to better mood, promotes healthy sleep in all phases: falling asleep, light sleep and deep sleep, relieves psychoemotional symptoms like despondency, depression, irritability, anxiety, emotional instability etc.

Constituents of chamomile flowers (essential oils, chamazulene, apigenin, glycosides, coumarins, phytosterols, vitamin C, nicotinic acid) have comprehensive effects: spasmolytic, sedative, antiseptic, analgesic, regenerating and stimulatory effects on formation of granulation tissues.

The product is intended for personal care purposes, has preventive action and may be used as a

complex therapy agent in treatment of a wide range of neurological conditions for better mental and physical activities, psychosomatic health and quality of life.

Hypoallergenic product.

INDICATIONS:

- Dystonia
- Giddiness
- Sleep disturbance
- Neuralgia
- Neuropathy
- Multiple sclerosis
- Migraine (headache)

METHOD OF USE:

For rectal use only.

Take the product out of the package with clean hands and insert, pointed end first, into the rectum, while lying on your side. Apply one suppository 2 times a day for one month. Extend your course of treatment up to 90 days, if necessary.

SIDE EFFECTS:

No side effects found.

No product dependence and no rebound syndrome.

CONTRAINDICATIONS:

Do not use during pregnancy. No other contraindications detected.

STORAGE CONDITIONS:

Keep the product in a dark cool place at the temperature between +4°C and +15°C.

SHELF LIFE:

Shelf life is 2 years from the date of production.

Do not use the product after expiration of the date of production, specified on the package.

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