



**Instructions for Use**  
**Personal Prophylactic Hygiene Care**  
**Male Rectal Suppositories**  
**SCHALI® Care-MV**  
**Cardiovascular Disorders**

SCHALI® Care-MV Rectal Suppositories are a male personal care hygiene product intended to stimulate male immune defence and to promote cardiovascular system function in scope of complex treatment and prevention of heart conditions.

**PRODUCT FORM:**

Lubricating prophylactic suppositories, 2 g.

**INGREDIENTS:**

The product contains environmental friendly biocompatible ingredients of plant and mineral origin.

Cocoa butter, essential oils: Rose, Chamomile, Liquorice, Celandine, Griffonia, Pumpkin, SiO<sub>2</sub>/TiO<sub>2</sub>-0.0006%.

**MECHANISM OF ACTION:**

Based on natural plant oils and butters, minerals and phytoextracts, the product dissolves slowly in the rectum, where it is absorbed by rectal mucosa and exerts anti-inflammatory and regenerating effects. The product acts locally by strengthening vascular walls and improving microcirculation in capillaries. Plant and mineral ingredients and their constituents provide necessary nutrients (iron, copper, zinc, vitamin C, vitamin C, and vitamin B complex) for synthesis of proteins involved in the regulation of cardiovascular system function. The product formulation enables better control over blood cholesterol by inhibiting both cholesterol build-up on artery walls and formation of atherosclerotic lesions. The product is beneficial to arterial tension as well.

Regular use of the product contributes to better electrolyte and water metabolism in the cardiac muscle, creatine phosphate uptake, ATP transport to heart cells, and induces the cardiac muscle to increase its glycogen content. The product has a moderate cardiogenic effect, resulting in better regulation of contracting mechanism within the heart and better myocardial function.

Spasmolytic properties of chamomile flowers promote selective vasodilation in coronary arteries and cerebral vessels, and have a hypotensive effect, resulting in lower venous pressure. Mechanism of spasmolytic action is related to the presence of m-cholinolytic glycosides in the chamomile. Essential oils contribute to deeper breathing and higher heartbeat rhythm, and help in widening blood vessels in the brain. Constituting hamazulene ensures disinfecting and anti-inflammatory effects of the chamomile.

Zinc and magnesium that are constituents of the pumpkin seed oil, are involved in regulation of cardiovascular systems function and contribute to alleviation of tachycardia conditions. High content of unsaturated fatty acids is beneficial to elasticity and strength of vascular walls. Pumpkin seed oil constituents are capable of decreasing "bad" LDL cholesterol, supporting cardiac function and preventing hypertonia conditions.

Griffonia simplicifolia induces male endocrine system, affects non-specific reactivity, and regulates metabolism.

Product is intended for personal care purposes, has preventive action and may be used as a complex therapy agent in treatment of a wide range of cardiovascular diseases for better myocardial function, better circulation and lower vascular penetrability, less swelling in vascular tissues and better vascular metabolism.

Hypoallergenic product.

**INDICATIONS:**

- Atherosclerosis conditions
- Myocarditis in connective tissue disease
- Cardiac ischemia
- Cardiac failure
- Arterial hypertension

**METHOD OF USE:**

For rectal use only.

Take the product out of the package with clean hands and insert, pointed end first, into the rectum, while lying on your side. Apply one suppository 2 times a day for one month. Extend your course of treatment up to 90 days, if necessary.

**SIDE EFFECTS:**

No side effects found.

No product dependence and no rebound syndrome.

**CONTRAINDICATIONS:**

No contraindications detected.

**STORAGE CONDITIONS:**

Keep the product in a dark cool place at the temperature between +4°C and 15°C.

**SHELF LIFE:**

Shelf life is 2 years from the date of production.

Do not use the product after expiration of the date of production, specified on the package.

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